



# Institute for Parent and Infant Care (IPIC)

.....Serving the Needs of Families from Conception to the End of the First Year!

(519) 272-0441 (Stratford)

1-800-574-2742

[www.ipiceducation.ca](http://www.ipiceducation.ca)

## PRENATAL WEEKEND SEMINARS



Practical, hands-on instruction on how to journey through labour and birth. Find innovative ways to address your concerns about pain in labour. Learn insights about the first days after birth and how to get infant feeding off to a great start.

### Complete Prenatal Course in One Weekend!

Friday, 6:00 PM to 9:00 PM & Saturday, 10:00 AM to 3:00 PM

March 28 & 29, 2014

May 30 & 31, 2014

August 22 & 23, 2014

September 26 & 27, 2014

November 28 & 29, 2014

**Limited enrollment! Register Early!**



Seminar Location: **Institute for Parent and Infant Care (IPIC)**  
288 Wellington Street (Lower Level),  
Stratford, Ontario N5A 2L9

Registration Fee: \$125 per couple (\$50.00 Deposit to register)

To Register: By Telephone (519) 272-0441 (Stratford Area) or 1-800-574-2742

By e-mail : [info@ipiceducation.ca](mailto:info@ipiceducation.ca)

**Check out our website at: [www.ipiceducation.ca](http://www.ipiceducation.ca)**

#### ABOUT THE INSTRUCTOR:

**Carol L. Hamilton** RN , CPIC, BScN, MDiv has worked for many years with new parents and infants in the Toronto area and more recently, Stratford, Ontario. She graduated from the University of Toronto with her degree in Nursing in 1984 and worked for several years in the clinical areas of Obstetrics and Public Health Nursing before opening her private practice in 1989. She has devoted years of study and research to the challenges of lactation, post-partum depression and bereavement in addition to teaching prenatal seminars and counselling young families in crisis. She continues to educate nurses and midwives through her continuing education courses and has written two publications for the nursing profession entitled, *Overcoming Lactation Challenges: A Guide for Lactation Caregivers* and *Nurse Entrepreneurship: Seizing the Challenge*.

As a result of a study visit to Malawi Africa in 2006 to study the HIV/AIDS crisis and issues affecting maternal and infant mortality, she has co-founded a Canadian Registered Charity, CHANGE HER WORLD. Whether working with families at her private clinic in Stratford at the **Institute for Parent and Infant Care (IPIC)** or visiting her charity projects in northern Malawi, Africa, Carol brings a heart of compassion and expert knowledge to any situation she addresses. Having been a nurse educator and counsellor for more than three decades, she has much wisdom to share.

Carol was recently heard to say, "I believe that as new parents, you deserve to receive the best possible care as you embark on your journey into parenthood. The way is not always easy or straightforward. Community resources are available but sometimes this is not enough. If you need help, I am here!"



## Weekend Prenatal Seminar Registration Form:

Mother's Name \_\_\_\_\_ Occupation: \_\_\_\_\_

Father/Partner/Support Person's Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code

Telephone (H) \_\_\_\_\_ (W) \_\_\_\_\_

E-Mail: \_\_\_\_\_

Due Date: \_\_\_\_\_ Birth Location? \_\_\_\_\_

Date of Weekend Prenatal Seminar: \_\_\_\_\_

List one question you would like to ask or topic you hope will be discussed? \_\_\_\_\_

\$50.00 Deposit Payment by: \_\_\_\_\_ Cash \_\_\_\_\_ Cheque (Made payable to: IPIC Education)

\$50.00 Deposit Payment by Credit Card: \_\_\_\_\_ VISA \_\_\_\_\_ MasterCard

Name of Cardholder: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Signature: \_\_\_\_\_

This deposit is non-refundable. The balance of payment will be due on the first evening of this seminar. Seminar fee includes all handouts and written materials. Receipts will be provided on the first evening of the seminar.

Registration Forms (payable to IPIC Education) may be mailed to the:

**Institute for Parent and Infant Care (IPIC) 288 Wellington Street, Stratford, Ontario N5A 2L9**

**or you may register by calling 519.272.0441.**

- ◆ Registrations made by telephone will require the deposit to be paid on a credit card.
- ◆ Please bring 2 pillows with you to the first class and you may also wish to bring a snack Friday evening and a brown bag lunch on Saturday as it is a long day and there will not be time for you to pick up food during the short lunch break of 30 minutes.
- ◆ A microwave and kettle will be available for your use at the clinic.
- ◆ There are stairs which one must use to reach the classroom site. If mobility is an issue, or if you have any other questions, please call the instructor—Carol at the clinic 519.272.0441.
- ◆ In the unlikely event that you are unable to attend, please notify IPIC as soon as possible!

**For more information, go to: [www.ipiceducation.ca](http://www.ipiceducation.ca)**