

## Nurse Consultant



### Carol L. Hamilton

RN, CPIC, BScN, MDiv

Prenatal and Infant Consultant  
Parent Educator

**CAROL L. HAMILTON** has worked for 30 years with new parents and infants in Toronto and more recently in Stratford, Ontario. She graduated from the University of Toronto with a Bachelor of Science Degree in Nursing and worked for several years in the clinical area of Obstetrics and Public Health nursing before opening a private practice in 1989. In addition to providing prenatal education and counselling to young families, she has also travelled across Canada and in the United Kingdom educating health care professionals in the areas of infant feeding, postpartum depression, bereavement, and parenthood challenges.

She has also written two professional publications for the nursing profession and continues to mentor and educate nurses in the nuts and bolts of establishing and operating an independent nursing practice in Canada.

In 2001, she graduated from University of Toronto with a Master of Divinity Degree and was ordained in the Presbyterian Church of Canada. She has also received certification as a bereavement counselor. In 2010, she co-founded the Canadian registered charity, Change Her World where she currently serves as Vice-Chair and Treasurer.

Carol brings a wealth of knowledge, expert skill and caring compassion to each family she counsels!

## Clinic Information

### Clinic Hours:

**Tuesday** 11:00 AM to 6:00 PM  
**Thursday** 11:00 AM to 6:00 PM  
**Friday** 11:00 AM to 5:00 PM

**Fees are charged based on the time involved with each consultation. During the initial consultation, there is no charge for the first 15 minutes.**

**Upon request, consultations can also be arranged outside of clinic hours.**

**In urgent situations, consultations may take place in your home for an additional fee.**

**Breast pumps and supplies available for rent and purchase during and after hours.**

## Institute for Parent and Infant Care (IPIC)

288 Wellington Street (Lower Level)  
Stratford, Ontario  
N5A 2L9

**(519) 272-0441**

**1-800-574-2742**

### Online Resources:

[www.ipiceducation.ca](http://www.ipiceducation.ca)  
[www.mybabysafety.ca](http://www.mybabysafety.ca)



## Institute for Parent and Infant Care (IPIC)

*...Parenthood Matters!*

288 Wellington Street (Lower Level)  
Stratford, Ontario N5A 2L9

### Support for Expectant & New Parents & Infants (Conception to the End of the First Year)

- ◆ Breastfeeding Challenges
- ◆ Crying and Colic
- ◆ Postpartum Depression

### Rental and Sales of Breast Pumps/Weigh Scales

### Bereavement Support and Counselling

### Private Prenatal Education

### Prenatal Breastfeeding Assessment & Education



**A New Clinic and Community Resource for  
Expectant Parents & Families with Young Infants  
...in Stratford/ Kitchener/ London**

## Our clinic services include:

☞ Support and counselling for...

- Complex Lactation Challenges
- Weaning Issues
- Crying and Colic
- Postpartum Depression
- Sibling Rivalry
- Adoption Adjustment
- Pregnancy Loss (miscarriage, stillbirth and neonatal death)
- Birth Trauma (prolonged labour, postnatal complications, premature birth)
- Transition to Parenthood Challenges

☞ Rental and sale of breast pumps/ breastfeeding products and baby weigh scales

☞ Literature and other resources for parents



Authorized Breast Pump  
Rental Station



**Expert care for  
parents and infants  
during pregnancy,  
the first year... and  
beyond!**

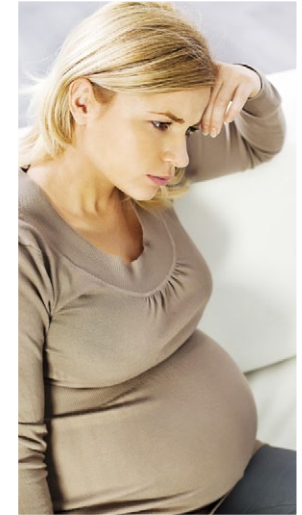


*"We believe that as new parents, you deserve to receive the best possible care as you embark on your journey into parenthood. The way is not always easy or straightforward. Community resources are often limited and may not be available when you need them. If you need help, we are here!"*

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**Private Prenatal Education  
Prenatal Breastfeeding  
Assessment & Education**



- ☞ Education held at our clinic or in your own home
- ☞ Education tailored to your specific needs
- ☞ Cost includes course materials, DVD loans, practical hands-on instruction to prepare for your birth experience.
- ☞ Call our office for current fees and to book a prenatal session.
  - Minimum session - 2 hours
  - Available on week nights (T/Th/Fri) or Saturdays during the day.



**To book your appointment today,  
call**

**(519) 272-0441**